

# Senior College at Bridgton - Fall 2024 Courses

(AKA Lake Region Lifelong Learning)

## Bridgton History Pre-Civil War with Mike Davis

Mike will be presenting a four-week class on Bridgton History.

The topics he will cover include:

- **Tuesday, September 24, 2024, 9:30 - 11:30**  
Modes of transportation and stories of highway thieves.
- **Tuesday, October 8 and 15, 2024, 9:30 - 11:30**  
Mike will do a presentation on the political climate in the Town of Bridgton at the time leading up to the Civil War. He will touch on the abolishment movement and the underground railroad and other topics pertaining to the times.
- **Tuesday, Oct. 22, 2024, 9:30 - 11:30**  
Letters From the Vault

Mike will read four letters from this period and give a summary of each letter.

**Mike Davis** of the Bridgton Historical Society and entertained many attendees of the Senior College with his colorful tales of days gone by... He is the author of the Bridgton News column "In Ye Olden Times" and has lectured at local Historical Societies. Come enjoy the history of the past brought to life through Mike's presentations.

## Financial Preparedness with Charlotte Kelly

- **Wednesday, September 25, 2024**

In this class Charlotte will touch on the many ways that you can prepare yourself for life's financial challenges. As we age, there are many unknown variables that arise in our financial circumstances. For example, do you know what you need to do or have in place in the event that your partner passes away or becomes unable to make decisions? Have you looked at the type of accounts you have, are they right for you? Have you sat with a financial person at your bank to consider all the things that you need going forward to protect yourself? Come hear about ways to protect, or plan for, your Financial Wellness. Charlotte will also be open to answer any questions we may have or never considered before.

**Charlotte Kelly:** A resident of Naples, Maine has been a Private Client Banker at KeyBank for many years. An important part of her job at KeyBank in Bridgton has been assisting people with their Financial Wellness. Charlotte's background in financial services started in 1989.

## History of Deertrees Theater

### With Tom Durkin

- **Thursday, September 26, 2024, 9:30 - 11:30**

Come to Deertrees Theater for a behind the scenes look into its unique history and its contribution to the Lake Region. Maybe you have been to performances there but don't know the origins of the theater. Come learn interesting tidbits and trivia about the establishment of how the Town of Harrison came to have this gem in its midst.

The Senior College has arranged a private tour of Deertrees Theater led by Tom Durkin.

We will meet at the Theater located at 156 Deertrees Rd., Harrison, Maine. At 9:30.

Class fee applies to this tour.

**Tom Durkin** dedicated 35 years of his life to teaching. His students ranged from those with advanced skills to those preparing for New York State Regents exams, as well as those requiring special attention. Tom has taught at the freshman, sophomore, junior, and senior levels in high school, as well as trained other teachers. He currently serves on the board at Deertrees Theater.

## Drawing with Colored Pencils and Watercolor Pens

### With Donna Kantor

- **Friday September 27, 2024, 9:30 - 11:30am**
- **Friday October 11, 2024, 9:30 - 11:00 am**

On Friday the 27th Donna will teach a class using colored pencils. She will do a Fall landscape applying the principles of art in colored pencil. Please bring colored pencils that you may have. If you need supplies, there will be an additional \$5.00 fee. Paper will be supplied.

On Friday Oct 11th Donna will teach a class using watercolor pens. This class will be Painting Leaves in watercolor. Learn how easy it is to let the water do the work! If you have watercolor pens, please bring them. If you need supplies, there will be an additional \$5.00 fee. Paper will be supplied.

**Donna Kantor** is well known for her beautiful paintings of nature and has been teaching in the Sebago Maine area for many years.

## How To Protect Yourself From Fraud and Scam Attempts

### Julie Flynn

- **Wednesday October 9, 2024 9:30 - 11:30am**

Scams and identity theft rob millions of Americans of their hard-earned money every year. Scammers are smart, creative and relentless, but there are simple steps each of us can take to protect ourselves and our families from these crimes. AARP is proud to be a leader in the fight to combat fraud everywhere, and right here in Maine, too. Join us for a workshop that will help you recognize common scams and what you can do to avoid them.

**Julie Flynn** is an AARP Fraud Watch Network volunteer in Maine. She has been a presenter for AARP for over 3 years. Before retirement Julie was a Project Manager and Trainer dedicating her work towards the betterment of the military community. She served over 24 years in the military and then over 15 years as a manager and trainer. She is the current Commander of the American Legion Post in Gray Maine and a Be The One instructor throughout the state of Maine.

## Maintaining Healthy Joints

### Nancy Donovan

- **Wednesday October 16, 2024 9:30 - 11:30am**

Healthy joints allow us to move without pain, perform functional tasks, participate in recreational activities, complete hobbies, and generally enjoy daily life. As we age our joints undergo wear and tear which may result in stiffness, weakness, pain, decreased range of motion, numbness, tingling and/or other unpleasant sensations. These signs and symptoms may be present in neck, spine, shoulder, elbow, hands, hip, knee, ankle, and/or feet. In this class, causes of the symptoms will be reviewed, and management of the problems will be discussed.

**Nancy Donovan** received her Ph.D., in Exercise Science from the University of Massachusetts in 1985. She was a professor at Miami University of Ohio and The University of Illinois. She also received a degree in Physical Therapy from the University of Illinois in Chicago, has taught physical therapy at the University of New England and worked in the outpatient, inpatient, intensive care, and home care settings.

## Maine in the Civil War

### Paul Bibeau

- **October 18 and October 25 2024, 9:30 -11:30am**

War is bad, heaven knows, but slavery is far worse. If the doom of slavery is not sealed by the war, I shall curse the day I entered the Army, or lifted a finger in the preservation of the Union. Of the old Union we have had enough and more than enough.—Walter Stone Poor (Maine soldier), letter to George Fox (May 15, 1861)

The American Civil War preserved the Union of the states, ended slavery in the US, and was the costliest, in loss of life in American History. It was a defining moment in American History.

Maine was involved in every aspect of the Civil War. Maine provided many political leaders, generals, soldiers, nurses, and agency leaders before, during, and after the war.

Let's take a look at Maine's involvement in the many aspects of the Civil War and bring these events and people to life.

**Paul Bibeau** of Bridgton and Scarborough has history and education degrees from Gettysburg College, Gettysburg, PA. He is a retired history teacher with 38 years of experience teaching American, European and Asian history to middle and high school students in Massachusetts and Maine.

## Rosie's Place

### Gail Phaneuf

- **October 23,2024 9:30 - 11:30am**

Gail Phaneuf, a playwright, educator, composer, actor and director and Artistic and Executive Director for Deertrees Theatre in Harrison Maine, will perform her one woman show, Kippy, Pray for the Dead and Fight Like Hell for the Living! for the senior college in Bridgton.. There will be a discussion about Kip Tiernan and her many social justice triumphs during the 60's, 70's and 80's following the performance. Kippy is A one-woman imagining of the late, great Kip Tiernan, social justice hero. Kippy was an extraordinary character and a force of nature who changed the face of social justice in Boston. Passionate and salty-tongued, she engendered outrage and empathy for the plight of poor and homeless women. She founded Rosie's Place in 1974, the first-ever homeless sanctuary for women in the US. In addition, Kip Tiernan was also the founder of The Greater Boston Food Bank and many other organizations that helped the poor and disenfranchised people of Boston.

**Gail Phaneuf** has devoted her entire career to theatre. As a playwright and composer, Phaneuf has penned three full musicals and sixteen plays, performed at venues around the world. Her award-winning MONSTERS! A Midlife Musical Meltdown, originally premiered in Boston, will be playing at Deertrees Theatre this August 16-18th, and she will be joining the cast in the role of FEAR. Her teen

musical, The Love Note has been performed at countless theatres, schools and camps all over the world, including an Off Broadway run in 2014.

## **Maine Mineral and Gem Museum**

### **Jim Mann**

- **Wednesday October 30, 2024 9:30 -11:30am**

The Senior College has arranged to have a tour of the Maine Mineral and Gem Museum in Bethel, Maine led by Jim Mann. “The Museum showcases our geological history, displays renowned mineral and rock collections and provides educational opportunities for the novice and expert alike. MMGM displays one of the world’s foremost collections of extraterrestrial rocks—meteorites from Mars, the Moon and the Asteroid Belt that teach us about the origins of our Solar System. MMGM is a one-of-a-kind, world-class museum located a stone’s throw away from the Western Maine mines that once sheltered these mineral treasures.”

Due to insurance the College is not able to arrange transportation. Everyone will need to arrange their own transportation. Cost of class is the \$12.00 admission fee to the Museum.

**Jim Mann** had a career as a professional gem cutter for 55 years and metalsmith for nearly 40 years. Jim met Larry Stifler and Mary McFadden (philanthropists and founders of the museum) in 2004 and expressed the idea that Maine's mineral and gem history was being lost. Months later he started acquiring collections and important historical memorabilia and made over 104 acquisitions for what is now called the Maine Mineral and Gem Museum. Jim became a member of Gallery 302 in 2017.

**REGISTRATION FORM ON NEXT PAGE**

**Senior College at Bridgton (AKA Lake Region Lifelong Learning)**

Registration Form – Fall 2024

Mark the classes you plan to attend and return this form with your check for the total amount to:

Senior College at Bridgton – PO Box 308- Bridgton ME 04009-0308

Mail the form ASAP, or contact the registrar at 207-647-5593 to sign-up

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Town/Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Yearly Membership is \$20.00 in addition to class fee.

Fall 2024 Classes: \$10 for one class; \$15 for two classes; \$20 for three classes; \$25 for four or more classes

Mark the classes you plan to attend.

\_\_\_ Tues 9/24 Transportation      \_\_\_ Tues 10/15 Politics pre Civil War

\_\_\_ Wed 9/25 Finances            \_\_\_ Wed 10/16 Maintaining Joints

\_\_\_ Thurs 9/26 At Deertrees      \_\_\_ Fri 10/18 Civil War

\_\_\_ Fri 9/27 Drawing              \_\_\_ Tues 10/27 Letters From the Vault

\_\_\_ Tues 10/8 Politics pre Civil War    \_\_\_ Wed 10/23 Rosie’s Place

\_\_\_ Wed 10/9 Scams and Fraud    \_\_\_ Fri 10/25 Civil War

\_\_\_ Fri 10/11 Drawing            \_\_\_ Wed 10/30 At Bethel Museum

For the trip to the Bethel Museum, attendees will meet at the Museum in Bethel. There is no \$10 fee for the class, but there will be a \$12 fee to be paid to the museum

Optional additional amount in support of the Senior College at Bridgton      \_\_\_\_\_

Total enclosed for membership and classes (as outlined above): \_\_\_\_\_

(check only)

Release form must be signed and returned for all classes not held at St. Peter’s Church. Available at any class or online

**Classes meet 9:30 to 11:30 am at St. Peter’s Episcopal Church – 42 Sweden Rd (Rte 93)  
Bridgton**

